

## Clubhouse Notes

Setting Intentions for Clubhouse  
Saturday, January 9, 2021

Brian Klemmer shares what he calls the Multimillion-Dollar Concept, which has helped him create millions of dollars and wonderful things in his life.

It's a quote that I've learned and have applied to my life to get results.

***"When the intent is clear, the mechanism will appear".***

When the intent is clear, you do not have to know what to do (the mechanism), but you do need an incredibly clear and intense intent because intention comes *before* the mechanism and *creates* the mechanism. **Not the other way around.**

Here is a powerful process for setting intentions:

1. Prepare your environment and yourself – set aside some uninterrupted time for you to get clear on what you want.
2. Grab pen and paper or your journal.
3. Tune into your heart's desire and focus on who you want to be, what you want to do, and what you want to have. (no limits, no restrictions, no conditions). Write your intentions in the present or past tense; not future.
4. Define the why behind each intention (this is the fuel).
5. Write down how you would feel when each intention manifests and the experience it would give you.
6. Write down the impact each intention will have on others.
7. Write down what you think would be the negative consequences to receiving your intention for each one.
8. Identify your conflicting intentions for each intention. (what are you not willing to do, give up, become in exchange for your intention?) – this is a vital step for your conflicting intentions can block you if they are greater

VISION COACH KIM'S

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## What's Next?

Thank you for dropping in my Clubhouse Room and for downloading my notes for further study. If you're struggling with getting clear on your intentions or how to go from intention to the result you desire then I invite you to experience a complimentary mindset coaching session with me.

On a 30-minute pitch-free coaching call with me, I will help you receive clarity on what's keeping you stuck and the tools to move forward. I reserve a couple of hours on my schedule every Monday for these calls. Claim yours now so you can break through!

[Click here to apply for a Complimentary Mindset Coaching Session here.](#)

Blessings!

Vision Coach Kim

kimsclubhouse.com